



David Heber, M.D., Ph.D., F.A.C.P., F.A.S.N.

Chairman, Herbalife Nutrition Institute and Nutrition Advisory Board

United States

David Heber, M.D., serves as chairman of the Herbalife Nutrition Institute, an online resource promoting excellence in the field of nutrition, and the Herbalife Nutrition Advisory Board.

Heber's main research interests are obesity treatment and nutrition for cancer prevention and treatment. He is the founding director of the Center for Human Nutrition at the University of California, Los Angeles*. Heber has been on the faculty of the UCLA School of Medicine since 1978, and is currently professor emeritus of medicine and public health and founding chief of the division of clinical nutrition in the department of medicine.

Heber directed both the National Cancer Institute-funded clinical nutrition research unit and the National Institutes of Health (NIH) nutrition and obesity training grants at UCLA for over 15 years. For five years, he also directed the NIH-funded UCLA Center for dietary supplement research in botanicals. He is the former chair of the Medical Nutrition Council of the American Society for Nutrition, the largest scientific society in nutrition globally.

Heber is included in the Thomson Reuters "The World's Most Influential Scientific Minds: 2014" list. From 2002 to 2012, he was part of the top one percent of scientists whose work was cited by other authors of scientific papers in the field of Agricultural Sciences, as surveyed by Thomson Reuters.

Heber has been repeatedly included in "The Best Doctors in America" and "Who's Who in America." In addition to writing over 225 peer-reviewed scientific articles and several professional texts, he has also written four books, including "Natural Remedies for a Healthy Heart," "The Resolution Diet," "What Color is Your Diet?" and "The L.A. Shape Diet."

Heber holds a B.S. in chemistry, Magna Cum Laude, UCLA, 1969; an M.D. from Harvard Medical School, 1973; and a Ph.D. in Physiology, University of California, 1978. He is board certified in internal medicine, endocrinology and metabolism by the American Board of Internal Medicine and is a certified Physician Nutrition Specialist.

* The University of California as a matter of policy does not endorse specific products or services. Heber's credentials as a Professor are for identification purposes only.

The Herbalife Nutrition Advisory Board is made up of leading experts from around the world in the fields of nutrition and health whose role is to educate and train Independent Herbalife Members and, in China, sales representatives, on the principles of good nutrition, getting regular physical activity, and leading a healthy lifestyle.